

TURNING POINT CAN HELP

Call 973-239-9400 ext. 195
to find out more about our

Family Wellness Program: Preserving and Restoring Families Affected by Alcoholism and Drug Dependency

You can also email us at
family@tpnj.org

The Family Wellness Program is funded by a grant from the Mountainside Health Foundation, an independent, self-governing charity, whose mission is to strengthen health and wellness in communities traditionally served by Mountainside Hospital.

Our Mission

To provide compassionate treatment for alcoholism, drug addiction, and their co-occurring disorders. We seek to reduce the stigma associated with addiction and mental illness. Our priority is to treat the underserved and disadvantaged adults of New Jersey.

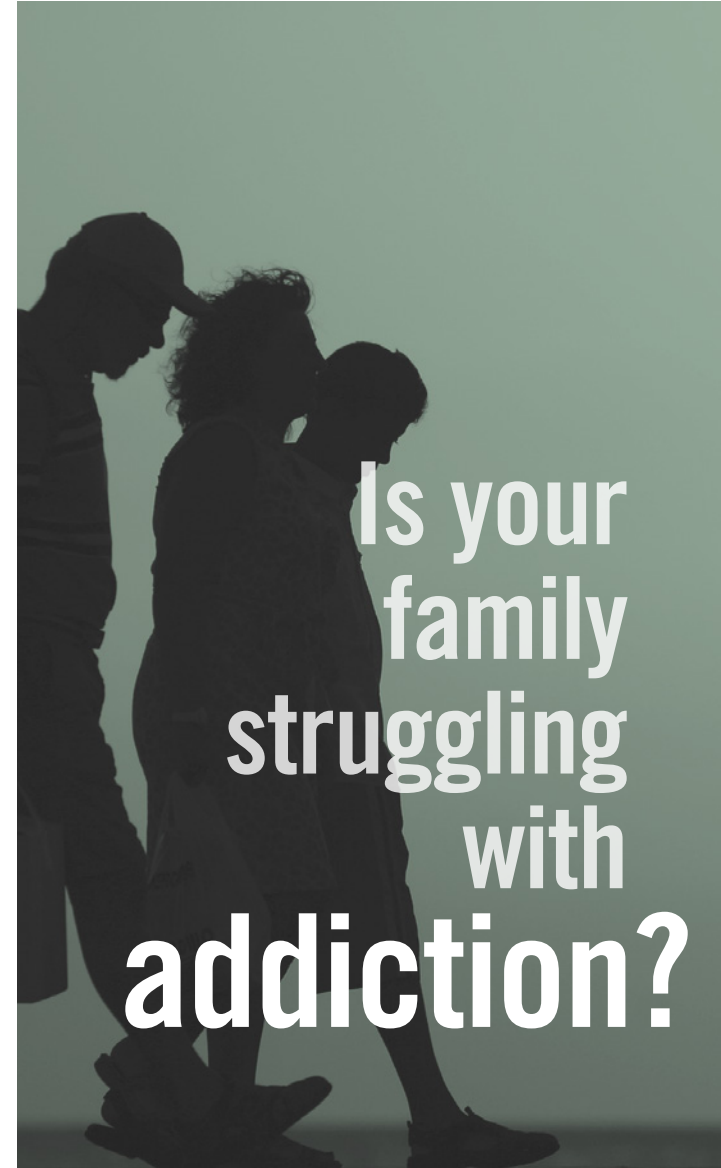


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TURNING
POINT

PO Box 111
Verona, NJ 07044
www.tpnj.org

TURNING POINT



You may feel alone but you're not.



Three out of four people know someone who has a problem with alcohol or drugs. For each person struggling with addiction, many lives are affected with often devastating results.

Besides the addicted individual themselves, no one is more devastated than the family members and loved ones of those battling addiction. Families affected by alcoholism and drug dependency face issues ranging from unemployment, child abuse and financial problems to illness, crime, divorce, even death. Most have no idea what to do or where to turn.

Turning Point can help.

How does Turning Point's *Family Wellness Program: Preserving and Restoring Families Affected by Alcoholism and Drug Dependency* help families?

Education. We provide information about the disease of addiction, how it impacts families, and how family members can get help.

Family Therapy. We offer professional counseling to family members who would benefit.

Affordable Cost. We accept most major insurance plans and, for those without insurance, use a sliding fee scale to determine cost based on ability to pay. If cost is an issue, families who live in one of the towns listed below can receive services at little or no charge, thanks to support from the Mountainside Health Foundation:

Bloomfield	Glen Ridge	Roseland
Caldwell	Little Falls	Verona
Cedar Grove	Montclair	West Orange
	North Caldwell	

Referrals. We can refer family members to appropriate support groups, self-help groups and other resources within the community. If an actively using family member wants to seek treatment for their addiction, we can assist with referrals to a treatment program.

Who can use the Family Wellness Program?

Any family with a loved one who is struggling with addiction to alcohol or drugs may use Turning Point's Family Wellness Program.

I'm interested in using your Family Wellness Program services. What should I do?

Call us at 973-239-9400 ext. 195. We will put you in touch with a staff member who will discuss your situation with you privately. All information you share will remain confidential whether or not you end up using Family Wellness Program services.

Does my loved one who is addicted to alcohol or drugs have to participate in counseling?

No. The addicted individual does not have to participate in counseling in order for the family to get the help they need to cope with the effects of addiction in their lives. Our Family Wellness Program can help families understand this disease as well as how to deal with a member who is actively using or abusing a substance. You can benefit from this program *whether or not your loved one has made the choice for sobriety.*

Where are counseling services provided?

Counseling sessions are held at our Verona Outpatient Program at 96 Pompton Avenue in Verona, New Jersey.

Where can I find more information about Turning Point?

Visit our website at www.tpnj.org.

You can reach our Admissions staff at 973-239-4600 or 800-969-7476.

You can also email us at family@tpnj.org.

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